

Bettridge Centre Regular Programme – Autumn Term 2018

Day	Activity	Area	Times		
MON	Baby Sensory	SH	11:15	-	13:15
	Line Dancing	MH	13:30	-	14:30
	KidzAct	SH	16:00	-	18:00
	Highland Dancing	SH	18:00	-	20:00
	Choi Kwang Do	MH	18:00	-	20:00
	Centre Stage	L	19:00	-	20:00
	Maitland Badminton (private)	SH	20:00	-	21:00
	NNC Netball	MH	20:00	-	22:00
	Innes Badminton (private)	SH	21:00	-	22:00
TUE	Tooters	L	10:00	-	11:00
	Portlethen Child Minding Group	SH	09:00	-	11:00
	SM Fitness (pre/post natal fitness)	SH	13:15	-	14:00
	Newtonhill Netball Club	MH	18:00	-	20:00
	Beavers and Cubs	L/SH	18:30	-	20:00
	Aberdeen Astronomical Society (LAST TUE)	L	19:00	-	21:00
	Realistic Pilates	SH	20:00	-	21:15
	WED	Tiny Talk - baby sign language	SH	09:45	-
Evergreen Bowling		SH	13:30	-	16:00
Metafit		SH	18:00	-	19:00
Yoga		L	18:20	-	19:20
Yoga		L	19:30	-	20:30
Lethen Archers		MH	19:30	-	21:30
Scouts		SH	19:00	-	21:00
Harding Badminton (private)		SH	21:00	-	22:00
THU	Fit Fun	MH	09:30	-	11:00
	Yoga	L	09:30	-	11:00
	Ultimate Judo	SH	15:15	-	17:30
	School Netball	MH	17:00	-	19:00
	Aberdonia Volleyball Club	MH	19:00	-	21:00
	Choi Kwang Do (martial arts)	SH	19:00	-	21:00
	SM Fitness (pre/post natal fitness)	L	18:15	-	19:00
	Yoga	L	19:00	-	20:00
	Adult Football (private)	MH	21:00	-	22:00
FRI	Babies & Toddlers (incl Bookbugs)	SH	09:30	-	11:30
	Choi Kwang Do (martial arts)	MH	18:00	-	20:00
SAT	Coastal Play: 25 th Aug, 8 th & 29 th Sept, 13 th & 27 th Oct	MH	09:45	-	11:00
	SM Fitness (pre/post natal fitness)	SH	10:15	-	11:00
SUN	Centre Stage	L	15:00	-	17:00

Newtonhill Out of School Club
 operates every week day 7.30am – 9.00am and 2.45pm – 6.00pm
 Holidays and in-service days – 8.30am – 6.00pm
 The club can be contacted on 07793-561748